St John Action Plan

IN AN EMERGENCY CALL **TRIPLE ZERO (000)** FOR AN AMBULANCE

D

D is for Check for Danger

- To you
- To others



R

R is for Response

- Talk to them
- Squeeze their shoulders



S

S is for Send for help: Call 000

- Stay calm
- Speak clearly
- Stay on the line



A

A is for Airway

- Clear
- Open



B

B is for Breathing

- Look
- Listen
- Feel



Recovery Position



For more information on our First Aid in Schools Program visit **stjohn.org.au**

TEACHING KIDS TO BE LIFE SAVERS

St John AMBULANCE | FIRST AID IN SCHOOLS